

NUTCRACKER ON ICE The 38th Annual Nutcracker On Ice will be presented December 5-7, 2025. Any skater enrolled in any freestyle class plans (both Fall terms) or in All You Can Skate may participate. Rehearsals begin mid-October.

#### **Freestyle Practice & Stroking Pass**

Note: This does not entitle skater to take private lessons. 10 sessions of your choice,

practices or stroking classes, for \$ 140.00!





Mondays Wednesdays Saturdays

Freestyle Stroking Classes: 7:15 p.m. (30 min) 5:15 p.m. (30 min) 7:15 a.m. (30 min)

\*Coffee Club: For non-aggressive skaters. For Practices, see "Private Lessons & Practice Ice" **Drop-in price for stroking and practices: \$16.00** 

## CALENDAR

No Classes April 27 - May 2 - Robert Unger			
Spring:	March 16 - May 16	8 weeks	
Winter:	Jan. 5-March 7	12 days 9 weeks	
Holiday:	Dec. 20, 22-24, 26-27, 29-31;	Jan. 1-3	
Fall 2:	Sept. 30-Nov.23	8 weeks	
Fall 1:	Aug. 4 - Sept. 27	8 weeks	

Competition May 1st - 3rd

#### Let's Compete!

Mid-Winter -- at least one out of town competition 56th Annual Robert Unger Competition May 1 - 3

#### **Membership Plans** Available!

We offer a monthly membership for Freestyle level skaters that covers one freestyle skills class per week and one stroking class per week. This is a year-long plan divided into 10 monthly payments. If you wish to cancel your monthly contract, you must notify us in writing 15 days prior to the cancellation date. See Registration Form for details.



**Theatre On Ice** Kaleidoskate **Production Team** (All Ages & Levels)

**Theatre On Ice:** Fridays 6:30-7:00 p.m. (Fall Term) Fridays 6:15-7:00 p.m. (Winter & Spring Terms)

Kaleidoskate/Production Team: Sundays 12:00-12:45 p.m.

It's all about Show Skating! Be a part of our production numbers for the Winter competition and our show in the Spring. Note: No practices during Nutcracker season.

Note: Not all programs are offered every year.

**ProSkaters Weekend** March 13-15, 2026

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**Celebrating 63 Years of Ice Sports!** 

# **Freestyle Skaters** Advanced, Synchro & Dance

## 2025-26 Season

August - May

Home of the Robert Unger & Larry LaBorde School of Ice Skating

# **Ice Chalet**

100 Lebanon Street, Knoxville TN 37919 tel 865-588-1858 icechalet@chaleticerinks.com www.chaleticerinks.com



#### 2025-2026 Advanced Skating Freestyle -- Synchro -- Dance

#### Saturday Morning Classes (All Ages)

6:00 - 6:30 a.m.	Dance 6 & Up!
6:30 - 6:45 a.m.	Warm Up
6:45 - 7:15 a.m.	Freestyle 5 & Up Class
7:15 - 7:45 a.m.	Freestyle Stroking Class
7:45 - 8:15 a.m	Freestyle 4 Class
8:15 - 9:00 a.m.	Advanced Synchro

8:45-9:00 a.m. Resurface

#### **Adult Freestyle**

Mondays, 7:15 - 8:15 p.m.

7:15 - 7:45 p.m. 7:45 - 8:15p.m. FS Stroking Class (All Levels) Freestyle Adult Class

#### Ice Dancing - Mondays

5:45 - 6:15 p.m. Dance 1 - 3 6:15 - 6:45 p.m. Dance 4 - 5 6:45 - 7:15 p.m. Partnering Class or Practice for Dance

Improve your overall skating by learning to skate ice dance patterns to the tango, waltz, cha-cha, and more! Solo or with a partner, it's great fun and helps you with control, edges, turns, and posture!

#### Wednesday Freestyle (FS 1 - 3) (All Ages)

#### FALL, WINTER & SPRING TERMS: Wednesdays 3:30 - 5:30 p.m.

3:30 - 4:45 p.m.	Freestyle Practice
4:45 - 5:15 p.m.	Classes, Freestyle 1 - 3
5:15 - 5:45 p.m.	Freestyle Stroking (All Levels)

Synchro Skaters Show Team Spirit!

#### Schedule

Plan to attend a competition in mid-Winter as well as our annual competition in Knoxville each Spring. If a skater is unable to participate in a competition, he/ she will train as an alternate and may skate at the Knoxville competition at the coach's discretion. Alternates are expected to attend all practices. Minimum of 33 weeks attendance is required out of the total 28 weeks of practices: Aug.-Nov., Jan.- May..



Tentative Practice and Team Divisions: (Composition & levels may

change based on enrollment.)

5:45 p.m. Friday Junior Youth/Youth
8:15 a.m. Saturday Advvanced Synchro
5:45 p.m. Friday/Noon Sunday Adults (Jan-April, only)

Additional practices may be needed prior to performances.

Skating in unison to music, skaters strengthen their skating skills while enjoying & learning a team sport. Formation: Forward skating, backward skating on two feet, and two-foot turns while executing various formations such as pinwheels, circles, lines, etc.

◆ *Skating:* Forward and backward steps, backward splicing, backward spoke wheels, and lines/circles with intricate footwork. Unison, cleanliness & speed!

- ◆ *Dance:* Dance steps and skating moves.
- ◆ *Open:* More flexibility with choreography.

The number of teams and team assignments will depend on enrollment. Ultimately, the team assignments will be determined by the skating school management and the team coaches. There is a place on a team for every skater. Factors include speed and power, maturity, and uniformity. Skill level is relevant, but it is not a deciding factor.



All the ice time you could ask for -- one monthly fee all season long! (10 months)

Theatre On Ice/Kaleidoskate/Production Numbers and Synchronized Skating Are Included! (Costume/prop fees are included, too) Summer School is priced separately at an even better deal -- check out the Summer Super Pass!

Plan Includes:

- On-Ice Group Skills Classes: Freestyle, Dance, Special Figure/Pair Classes, etc.
- ♦ Any Regular Freestyle Practices
- Stroking Sessions Appropriate for Skater's Level
- Public Sessions for \$ 2.00/visit
- ♦ Holiday School
- ◆ 20% off Robert Unger Competition Entry Fees
- Off-Ice Conditioning Classes
- Synchronized Skating Team
- Theatre On Ice (Fall, Winter, and Spring)
- Kaleidoskate (Fall, Winter, and Spring)
- Production Team (Fall, Winter, and Spring)
- Ice Sports Industry Membership!
- Costume and Prop Fees!

This is a discounted payment contract designed for the full 10-month term. Payments are due the 1st of each month (late fee will apply after the 1st). If you decide not to complete the full plan, you will be responsible for the full amount for all sessions that you could have attended up to that point.

#### **Practice Ice & Private Lessons**

Available to students enrolled in regular skills classes! See our *Private Lessons & Practice Ice* brochure for details and our web site for more information about our instructors, **www. chaleticerinks.com**.

*We reserve the right to cancel or to rearrange classes as warranted by enrollment.* 

