

Maneuvers: DELTA **Right Forward Inside 3-Turn** Posture: Head Up Scale: 0-10 **Left Forward Inside 3-Turn Back Straight** Scale: 0 or 2 **Passed** 9-10 =Shoot-the-Duck OR **Knees Bent** 0 is not passing 7-8 = Incomplete 2 is passing Lunge **Arm Position** Note: **Bunny Hop Hand Position** Skater must **Forward Outside Edges** Free Leg Extended pass at least Note: We expect our skat-**Forward Inside Edges** & Toe Pointed half of the ers to pass with 7s and posture skills! above for most skills! ISI# Instructor Date