

## EVENT INFORMATION

### WARM-UP TIMES

- 5 minutes: Interpretive Spotlight, Team Interpretive, Pairs, Open Freestyle, Dance
- 4 minutes: Figures, Artistic, Freestyle, Family Spotlight, Solo Spotlight, Couples Spotlight, Rhythmic, Team Compulsories, Tots -- Delta
- 3 minutes: Jump & Spin (1.5 minutes for each, first jumpers, then spinners)  
Solo Compulsories, Footwork, Ensemble
- 0 minutes: Stroking, Production, Synchronized  
(built-into Production & Synchro event times)



- STROKING** There will not be a warm-up for Stroking events. Skaters will wear colored wristbands up through Freestyle 4. Please have skaters report to the check-in area a little earlier than usual so that we can get the proper wristband on each skater!
- Basic level skaters** will be asked to skate forward, only, but in both directions in event groups until told to stop. Remind them it is not a race! Crossovers are not judged.
- Freestyle 1-4 skaters** will be asked to skate forward and backward around the perimeter of the rink until told to stop. All in the same event will go together. Strokes and crossovers (or cutbacks) are judged.
- Freestyle 5 and higher skaters** will skate a Figure 8 pattern, forward and backward. One figure eight forward, mohawk at center ice, one figure eight backward, stop. Strokes and crossovers (or cutbacks) are judged. Will go one at a time.

### INTERPRETIVE SPOTLIGHT

The first skater in each warm-up event group will be asked to report to the chaperone area early to hear the music for the first time. All other skaters will hear the music during warm-up and just before they skate.

- (1) First skater in each warm-up group -- report to chaperone area early. Just before warm-up, we will play the music for the first time for that skater.
- (2) During warm-up, we will play music two more times for all skaters.
- (3) All but first two skaters are taken somewhere they can't hear the music.
- (4) While first skater performs; second skater will sit or stand with back to the ice surface, face to the wall, to hear the music one more time. Same procedure to be repeated for each additional skater in that warm-up.

Props will be available and skaters may look at them during the warm-up time -- skaters may use one or more props, but they must be returned to the prop area immediately after each skater skates.

### SPOTLIGHTS - PROPS

Props may be placed on the ice behind the curtain between resurfacings. Skaters will enter the ice from side of the curtain at the far end (away from the chaperone area). Skaters will exit the side of the curtain near the chaperone area. This will expedite the entrance and exit for each event and avoid "prop" collisions.

**Props should be removed during the warm-up following each skater's events.**  
Thank you for your help -- we have limited space!