NUTCRACKER ON ICE
The 32nd annual Nutcracker On Ice will be presented December 4-8, 2019. Any skater enrolled in any freestyle class plans or in All You Can Skate may participate. Please register by September 7th. Rehearsals begin October 14th.

Freestyle Practice & Stroking Pass
Note: This does not entitle skater to take private lessons.
10 sessions of your choice, practices or stroking classes, for $95.00!

Freestyle Stroking Classes:
Mondays 6:00 p.m.
Wednesdays 5:45 p.m.
Saturdays 7:15 & 11:00 a.m.

For Practices, see “Private Lessons & Practice Ice”
Drop-in price for stroking and practices: $12.00

Membership Plans Now Available!
We offer a monthly membership for Freestyle level skaters that covers one freestyle skills class per week and one stroking class per week. This is a year-long plan divided into 12 monthly payments, covering 41 weeks of classes. If you wish to cancel your monthly contract, you must notify us in writing 15 days prior to the cancellation date.

See Registration Form for details.

Theatre On Ice
All Ages & Levels
Learn about Show Skating!
Be a part of our production number for the Winter competition and our show in the Spring. Production/show numbers ("Theatre On Ice") will be planned for intense 6-8-week periods of choreography and practice.

Look for announcements!

CALENDAR
Fall #1: Aug. 5-Sept. 28 8 weeks
Fall #2: Sept. 30-Nov. 23 8 weeks
Holiday School:
Dec. 21-Jan. 4 12 days
No classes on Sundays or Christmas
Winter:
Jan. 6-March 14 10 weeks
One week – out/town competition.
Spring:
March 23- May 30 8 weeks
No classes April 18 (ProSkaters) or April 27-May 10 (51st RU Competition)
Summer:
June 8-July 25 7 weeks

The calendar may change - check our web site for latest updates! www.chaleticerinks.com

ProSkaters Weekend
April 18-19, 2020
There will be no classes or practices the weekend of April 18-19, when we hold our annual ProSkaters Performance Camp and Auditions!
**2019-2020 Freestyle -- Advanced Skating -- Synchro -- Dance**

**Saturday Morning Classes (All Ages)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class Description</th>
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<tbody>
<tr>
<td>6:00-6:30 a.m.</td>
<td>Figures &amp; Freestyle Practice</td>
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<tr>
<td>6:30-7:15 a.m.</td>
<td>Freestyle 5-10 Classes</td>
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<tr>
<td>7:15-7:45 a.m.</td>
<td>Freestyle 5-10 Stroking Class</td>
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<tr>
<td>9:00-9:45 a.m.</td>
<td>Ice Dance Class - levels 1-4</td>
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<tr>
<td>9:45-10:00 a.m.</td>
<td>Resurface</td>
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<tr>
<td>10:00-11:00 a.m.</td>
<td>Freestyle 1-4 Classes</td>
</tr>
<tr>
<td>11:00-11:30 a.m.</td>
<td>Freestyle 1-4 Stroking Class</td>
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**Weekly Schedule**

**Introduction to Freestyle (FS 1 & 2) (All Ages)**

- **Mondays, 6:00-7:45 p.m.**
  - 6:00-6:30 p.m. Freestyle Stroking Class (All Levels)
  - 6:30-7:15 p.m. Introduction to Freestyle Class
  - 7:15-7:45 p.m. Practice Ice

**Synchro Skaters Show Team Spirit!**

**Schedule**

- **Plan to attend**
  - a competition in mid-Winter as well as our annual competition in Knoxville each Spring. If a skater is unable to participate in a competition, he/she will train as an alternate and may skate at the Knoxville competition at the coach’s discretion. Alternates are expected to attend all practices. Minimum of 24 weeks attendance is required out of the total 30 weeks of practices: Aug.-Nov., Jan.-April.

**Tentative Practice and Team Divisions:**

- **(Composition & levels may change based on enrollment.)**
- **5:45 p.m. Friday**
  - Junior Youth/Youth
- **8:00 a.m. Saturday**
  - Teen/Senior Youth and Teen/Collegiate
- **7:00 p.m. Wednesday**
  - Adults (Jan-April, only)

**Additional practices may be needed prior to performances.**

- Skating in unison to music, skaters strengthen their skating skills while enjoying & learning a team sport.
  - **Formation:** Forward skating, backward skating on two feet, and two-foot turns while executing various formations such as pinwheels, circles, lines, etc.
  - **Skating:** Forward and backward steps, backward splicing, backward spoke wheels, and lines/circles with intricate footwork. Unison, cleanliness & speed!
  - **Dance:** Dance steps and skating moves.
  - **Open:** More flexibility with choreography.

- The number of teams and team assignments will depend on enrollment. Ultimately, the team assignments will be determined by the skating school management and the team coaches. There is a place on a team for every skater. Factors include speed and power, maturity, and uniformity. Skill level is relevant, but it is not a deciding factor.

**Wednesday Evening Freestyle (Stroking for all levels; Skills class for FS 3-10)**

**Wednesdays, 5:45 - 7:45 p.m.**

- 5:45-6:15 p.m. Freestyle Stroking Class (All levels)
- 6:15-7:00 p.m. Freestyle 3-10 Classes
- 7:00-7:45 p.m. Freestyle Practice

**Ice Dancing - Saturdays**

- **9:00-9:45 a.m. Dance 1-4**

Improve your overall skating by learning to skate ice dance patterns to the tango, waltz, cha-cha, and more! Solo or with a partner, it’s great for improving your overall skating skills!

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*We reserve the right to cancel or to rearrange classes as warranted by enrollment.*

**Regular & All Year Plans Include:**

- On-Ice Group Skills Classes
- Any Regular Freestyle Practices
- Stroking Sessions Appropriate for Skater’s Level
- Public Sessions
- Holiday School
- 20% off Robert Unger Competition Entry Fees
- Off-ice Conditioning Classes
- Team Time
- Pick-Up Hockey (appropriate for player’s age)
- Learn-to-Play Hockey (Tuesday evenings)
- ISI Membership!

**Summer School is not included in Regular Plan -- but see our All You Can Skate All Year option! Both 10- and 12-month contracts are available.**

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**Practise Ice & Private Lessons**

Available to students enrolled in regular skills classes! See our Private Lessons & Practice Ice brochure for details and our web site for more information about our instructors, [www.chaleticerinks.com](http://www.chaleticerinks.com).