



# 2010 ISI District 5 Instructor Seminar

Sunday, September 26, 2010  
8:00 a.m. - 5:00 p.m.



## Ice Chalet Knoxville Tennessee

100 Lebanon Street, Knoxville TN 37919  
P.O. Box 10668, Knoxville TN 37939-0668  
www.chaleticerinks.com

Featuring:



### Janice Teodoro Forbes

◆ ISI Program Coordinator &  
ISI Competition Director  
*Sprinker Recreation Center & Ice Arena,  
Tacoma, Washington*

- ◆ USFSA Gold Medalist in Dance
- ◆ ISI 2nd Vice President
- ◆ PSA-rated
- ◆ 22 years of teaching experience
- ◆ Coach of Northwest Champions,  
U.S. National Competitors & Junior  
Olympic Medalist

Seminar Is Free to Current ISI  
Professional Members!  
\$ 75.00 for non-members before 9/20  
(includes membership & manual)  
\$ 90.00 for non-members after 9/20  
**8 PSA Credits Are Available**

### Schedule:

Registration & Refreshments	8:00-8:30 a.m.
Welcome & Introductions, District Announcements, Calendar, etc.	8:30-9:00 a.m.
Membership Rewards and Membership/Testing 101	9:00-9:45 a.m.
Break (Skates On)	9:45-10:00 a.m.
EDGE JUMPS (On Ice)	10:00-11:00 a.m.
<i>WeSkate On Ice Instruction</i> or Topic You Suggest (On Ice)	11:00 a.m.-12:15 p.m.
LUNCH*	12:15-1:00 p.m.
OPEN FREESTYLE	1:00-1:30 p.m.
VIDEO JUDGING	1:30-2:30 p.m.
<i>WeSkate Off Ice Instruction</i> or ROUNDTABLES	2:30-4:00 p.m.
<i>WeSkate Exam</i>	4:00-5:00 p.m.

\* See separate lunch order form

WeSkate Instructor Certification Training -- Core Level

Pre-registration is required through ISI web site (www.skateisi.com under "district seminar" link)  
\$ 45.00 fee for current ISI members before September 20 (\$ 60.00 after 9/20 and at door)

**For more information, contact:**  
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**Julia Hardin 865-705-6796 skatingfan@mindspring.com**