

Practice Ice/Pass Registration Form

(Please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Birthdate _____ ☐ Male ☐ Female

E-mail address _____

☐ **Freestyle Practice & Strokings Pass**

\$ 95.00 \$ _____

Covers 10 practice sessions, 10 stroking classes, or a combination of practice sessions and stroking classes.
(Not just for Freestyle skaters!)

☐ **Freestyle Practice Drop-In \$ 12.00 \$** _____

☐ **Hockey Pick-Up Pass \$ 140.00 \$** _____

Covers 10 pick-up hockey sessions.

☐ **Hockey Pick-Up Mini Pass \$ 75.00 \$** _____

Covers 5 pick-up hockey sessions.

☐ **Public Session Pass \$ 25.00 \$** _____

Covers 5 public session admissions (skate rental is not included)

☐ **Public Session Pass Plus \$ 52.00 \$** _____

Covers 5 public session admissions and skate rental

☐ **Monthly Public Session Pass \$ 60.00 \$** _____

(For individuals)

☐ **Monthly Public Session Pass \$ 125.00 \$** _____

(For a family, any month)

Total Payment \$ _____

I skate at my own risk and hereby release the Ice Chalet, its owners, and all personnel from all liability.

Signature of Parent or Skater _____

Date _____

Counter use: Amt. paid: _____ Date: _____ Initial: _____

Public Sessions

Special, Extended Holiday Hours Dec. 21-Jan. 7

No sessions Dec. 4-9 due to Nutcracker On Ice.

Monday	12:00-3:30 pm
Tuesday	12:00-3:30 pm
Wednesday	12:00-5:30 pm
Thursday	12:00-3:30 pm
Friday	12:00-5:30 pm & 7:15-9:30 pm
Saturday	1:30-10:00 pm
Sunday	1:00-4:30 pm

Admission \$ 6.00 Skate Rental \$ 6.00
Age 5 & under: \$ 6.00 *Group Rates Available*

Make-Up Policy & Transfers

We value the relationship that our students develop with our teachers through regular, consistent instruction. We assign teachers at the start of each term based on the initial enrollment to ensure the best possible student-teacher ratio. For these reasons, students are encouraged to make every effort to attend the specific class and day for which they are registered. Students make the most progress by regular attendance and practice. **Students may make-up one class per term missed due to illness or personal conflict, but not just as a matter of preference.** In order to attend a make-up class, students must notify us at least one day in advance so that we can be sure that we have the correct number of teachers on-hand. For the same reasons mentioned above, transferring to another class is discouraged. If a transfer is necessary, please consult the Skating School Director or the Head Session Manager.

Registration After the Start of the Term

For Alpha classes and up, students may be added to classes during the first half of each term, and class costs will be pro-rated based on the remaining number of classes, but only if more than one week has been missed. If only one week has been missed, the student may make up that week. For Beginner/Pre-Alpha classes, students may be added to classes during the first two weeks of the term -- after that, they are asked to wait until the next term or set of Introductory classes are offered (usually every four weeks). If only one week has been missed, the student may arrange to make up that week. As long as students are registered for classes in an upcoming term, they are welcome to arrange for private lessons in the interim, until their new classes begin.

Please check our online calendar for the latest schedule:

www.chaleticerinks.com/Calendar.html

SKATERS' GUIDE to the



FAQ Practice Ice Multi-Visit Passes

2019-2020 Season

Ice Chalet

(Beside The Shops at Western Plaza)

100 Lebanon Street
Knoxville TN 37919

tel 865-588-1858

icechalet@chaleticerinks.com

www.chaleticerinks.com

*The Robert Unger & Larry LaBorde
School of Ice Skating*

Welcome to the Ice Chalet and the Robert Unger & Larry LaBorde School of Ice Skating!

For more than 56 years, we have been Knoxville's fun, family-friendly destination for quality ice skating instruction and public ice skating entertainment.

What is ISI (the Ice Sports Industry)?

Our lessons are based on the Ice Sports Industry's recreational ice skating program. Each test level serves as a building block for the next, so skating can be a *lifelong* hobby. All ages and all skill levels can be involved. Our Spring competition is the oldest continuously running ISI competition in the world. ISI membership includes a quarterly magazine and supplemental insurance. **ISI membership (\$15 value) is included in all class registration fees.**

What do we do in each class?

Beginning and Advanced Tots

These classes are for ages 3-5. While playing games and singing songs, students learn proper falling, marching, gliding, and moving forward and backward. Gloves and a toboggan or helmet are recommended.

Beginners (Pre-Alpha)

Beginner students learn balance and do simple glides and swizzles forward and backward. Anyone over age five who has never taken classes should start here.

Alpha 1 (Beginner Alpha) & 2 (Advanced Alpha)

In Alpha, skaters learn forward stroking, forward cross-overs in both directions, and a simple snowplow stop.

Beta 1 (Beginner Beta) & 2 (Advanced Beta)

Students work on backward stroking and backward cross-overs, plus a T-stop with each foot.

Gamma

Students begin to work on turns (forward outside edge 3-turns and inside mohawks), as well as a hockey stop.

Delta

Students work on inside edge 3-turns, forward edges, bunny hops, lunges, and shoot-the-ducks.

Freestyle

There are ten levels with different jumps, spins, and foot-work patterns.

Ice Dancing

Skaters who have passed Alpha can learn to dance on ice! There are over 20 ice dances from the waltz to the tango!

What should I wear?

Small children should always wear gloves/mittens and head protection of some kind. Skaters should wear only one, *thin* pair of socks -- this allows for a better skate fit.

Freestyle Practice Sessions

Not just for Freestyle skaters! Sessions may be limited to a specific number of skaters for safety, and levels are strictly enforced during busy sessions.

Days & Times (During Fall, Winter & Spring Terms)

Mondays

3:45-4:45 p.m.

Beginner - Freestyle 3

4:45-5:45 p.m.

Beginner - Freestyle 3

Tuesdays (Note: Includes several test days)

6:00-8:00 a.m.

All Levels

8:00-9:00 a.m.

All Levels

3:45-4:45 p.m.

Freestyle 1-10

4:45-5:45 p.m.

Freestyle 1-10

Wednesdays

6:00-8:00 a.m.

All Levels

8:00-9:00 a.m.

All Levels

7:00-7:45 p.m.

All Levels

Thursdays

7:45-10:00 a.m.

All Levels

3:45-4:45 p.m.

Gamma-Freestyle 10

4:45-5:45 p.m.

Gamma-Freestyle 10

Fridays

6:00-8:00 a.m.

All Levels

8:00-9:00 a.m.

All Levels

Saturdays

6:00-6:30 a.m.

All Levels

Sundays

9:00-10:00 a.m.

Freestyle 4 & up

10:00-11:00 a.m.

Freestyle 4 & up

11:00 a.m.-12:30 p.m.

Basics - Freestyle 3

Exceptions to the Regular Practice Schedule...

Sept. 2 (Labor Day), Nov. 28 (Thanksgiving), Dec. 2-9 (Nutcracker), Dec. 21-Jan. 4 (Holiday Sessions), Jan. 20 (MLK Day), Feb. 17 (Presidents' Day), April 12 (Easter), April 18-19 (ProSkaters), May 1-3 (RU Competition), and Test Days (partial sessions): Aug. 3, Sept. 24, Oct. 29, Nov. 30, Dec. 13, Jan. 4, Feb. 25, March 21, and May 29.

Please check our online calendar for any changes:
<https://services.chaleticerinks.com>

Should I buy my own skates?

Skate rental is free with your lessons. However, having your own skates can speed up your progress. The Ice Chalet has figure and hockey skates for sale.



You will receive a professional fitting and sharp blades at the time of purchase, as well as a public session pass good for five free admissions! Call ahead to make sure a qualified staff member is available to help. 865-588-1858

Individual Public Session Pass Save \$ 5!

\$ 25.00 for 5 sessions. Skate rental is extra.

Individual Public Session Pass Plus Save \$ 8!

\$ 52.00 for 5 sessions. Skate rental is included.

Monthly Individual Public Session Pass

\$ 60.00 per month. Season-long commitment, June.-March. Covers admission to all public sessions during the season.

Monthly Family Public Session Pass

\$ 125.00/any month. For immediate family members; maximum of 5 persons.

Hockey Pick-Up Pass Save \$ 2-3/session!

\$ 140.00 for 10 sessions; \$ 75.00 for 5 sessions.

Freestyle Practice & Stroking Pass

\$ 95.00 for 10 sessions (\$ 9.50/session)

Attend any of our regular freestyle practice sessions appropriate for your skill level or choose a stroking class instead. See "Advanced/Freestyle" brochure for the stroking class schedule.

Private lessons can be helpful if you need some extra help preparing a program choreographed to music for testing, competitions, and exhibitions. Refer to the "Private Lessons" brochure or our web site, chaleticerinks.com.

Nutcracker On Ice Practices

Oct. 14 - Dec. 2

Students enrolled in our school for the Fall term are eligible to participate in our annual holiday show to be presented December 4-8. Any skill levels, any age! Entries are due in early September. Rehearsals are held during our freestyle practice times, so private lessons may be limited during these sessions.

