
**Summer 2005
Ballet Class Registration Form**

(Please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Birthdate _____

E-mail address _____

Summer Semester:

I would like to enroll in the following ballet classes:

- June 13-17 9:30-10:15 a.m. Low Freestyle
- June 13-17 10:30-11:30 a.m. High Freestyle
- July 25-29 9:30-10:15 a.m. Low Freestyle
- July 25-29 10:30-11:30 a.m. High Freestyle

Have you taken ballet before? If yes, how many years:

- \$ 95.00 for both weeks paid for at one time
- \$ 50.00 for one week
- Drop Ins \$ 20.00 per class

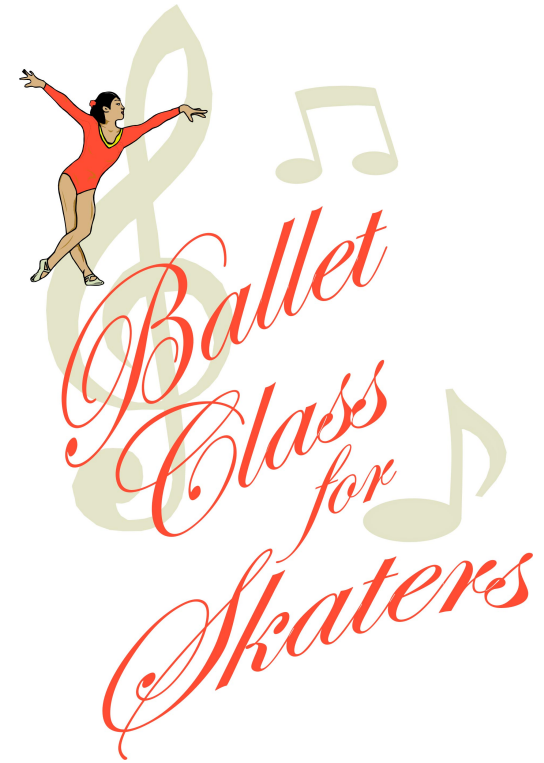
Cost: \$ _____

I attend this ballet class at my own risk and hereby release the Ice Chalet, its owners, and all personnel from any and all liability.

Signature of Parent *Date*

Signature of Skater *Date*

Counter use: Amt. paid: _____ Date: _____ Initial: _____



Summer 2005 Semester

June 13-17

July 25-29



Ice Chalet

(Beside The Shops @ Western Plaza)

100 Lebanon Street

Knoxville TN 37919

tel 865-588-1858 fax 865-588-7509

icechalet@bellsouth.net chaleticerinks.com

Summer 2005 Ballet Classes

June 13-17 July 25-29

Why Study Ballet?

Anyone who appreciates beautiful skating understands the significance of ballet training. From pointed toes to straight backs, graceful arm positions, and a strong body line, ballet is the most logical off-ice exercise for skaters. Ballet also helps skaters learn good stretching techniques, and it teaches students to use muscles that help in a variety of skating moves, from sit spins to arabesques, jumps, and safe landings.



Goals:

- ◆ Increase muscular strength and endurance.
- ◆ Increase flexibility.
- ◆ Improve body placement and posture.
- ◆ Gain ballet knowledge and vocabulary.
- ◆ Enhance aesthetic awareness.
- ◆ Have fun!

Ballet Classes

Classes will be offered two weeks during the Summer semester.

First Week: June 13-17

9:30-10:15 a.m. *Low Freestyle*
10:30-11:30 a.m. *High Freestyle*

Second Week: July 25-29

9:30-10:15 a.m. *Low Freestyle*
10:30-11:30 a.m. *High Freestyle*

Cost

\$ 95.00 for both weeks paid for at one time.
\$ 50.00 for one week.
Drop Ins are \$ 20.00 per class.

Clothing

Wear your skating attire or other form-fitting but comfortable and stretchy clothing. No jeans! Socks or ballet shoes are acceptable footwear.



About Your Instructor

Deb Young began classical ballet training around the age of eight under Russians Yuri and Viki Chatal at the Memphis Ballet, where her mother was an instructor and principal dancer. She also received training in the Cecchetti ballet method and syllabus at her mother's school, the Ballet Workshop. At the age of 13, Deb won a scholarship to attend the National Academy of Dance in Champaign, Illinois, where she trained under Natalia Krassovska, Gwynne Ashton, Birute Barodicaite, Alexander Bennett, Antony Valdor, Vitale Fokine, and Buzz Miller, among others.

At the National Academy of Dance, Deb studied a classical repertoire, including divertissements from *Don Quixote*, *Les Sylphides*, *Sleeping Beauty*, *Coppelia*, and *Swan Lake*, as well as choreography from musical theatre, including Bob Fosse's *The Pajama Game*.

Deb later moved to Denver, Colorado, where she studied with James Clauser and David Taylor at the David Taylor Dance Theatre. In 1984, she joined a small ballet company in Denver and toured with the Colorado Philharmonic. She ultimately left the world of dance to pursue an education at The University of Tennessee. Deb lives in Knoxville with her husband, Ross, and son, Bentley, who skates at the Ice Chalet.

DISCOUNTS

- ◆ Save 10% if you pay for both weeks by April 3, 2005!
- ◆ Save 5% if you pay for both weeks by May 3, 2005!
- ◆ Save 10% if two or more members of the same family enroll in classes.

Maximum Discount is 20%