
Summer 2003 Basics Registration Form

(Please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Birthdate _____ Age _____ Sex _____

I wish to enroll for the following days:

- Monday, 6:00-7:30 p.m.
 Wednesday, 4:00-5:30 p.m.
 Thursday, 6:00-7:30 p.m.
 Saturday, 11:00 a.m. - 12:30 p.m.

I wish to enroll in the following classes:

- | | |
|---|--------------------------------|
| <input type="checkbox"/> Snowballs (age 3) | <input type="checkbox"/> Alpha |
| <input type="checkbox"/> Beginner Tots (ages 4 & 5) | <input type="checkbox"/> Beta |
| <input type="checkbox"/> Advanced Tots (ages 4 & 5) | <input type="checkbox"/> Gamma |
| <input type="checkbox"/> Beginner | <input type="checkbox"/> Delta |

Intermediate Stroking:

- Monday, 7:30-8:00 p.m.
 Thursday, 7:30-8:00 p.m.
 Saturday, 12:30-1:00 p.m.

Discounts used:

Early Registration by March 30th (20%) \$ _____

Early Registration by April 30th (10%) \$ _____

Two or more family members in class (10%) \$ _____

The maximum discount that may be used is 20%.

Total Payment = \$ _____

I realize that ice skating is a participation sport and that there are normal risks involved. I skate at my own risk and hereby release the Ice Chalet, its owners, and all personnel from any and all liability.

Signature of Parent or Skater

Date

Office Use Only

Amt. paid: _____ Date: _____ # of weeks: _____

Pass Rec'd: _____ Initial: _____



Chalet Ice Rinks, Inc.
P.O. Box 10668
Knoxville TN 37939
(865) 588-1858



Summer Ice Skating Lessons

*(for Preschoolers, Beginners,
and Intermediate Skaters)*

June 16 - August 2, 2003

Ice Chalet

(Beside The Shops @ Western Plaza)

100 Lebanon Street

Knoxville TN 37919

tel 865-588-1858 fax 865-588-7509

chalet@icx.net chaleticerinks.com

Summer Ice Skating Lessons

June 16 - August 2, 2003

When are the classes offered?

Monday*/Thursday Evenings 6:00-7:30 p.m.

Wednesday* Afternoons 4:00-5:30 p.m.

Saturday Mornings 11:00 a.m. - 12:30 p.m.

**Snowballs and Tots are not offered on Mondays or Wednesdays.*

What classes are offered?

Snowballs

This class is for 3-year-olds. We do lots of crawling, marching, and playing! Each child must wear gloves and a toboggan or helmet for protection.



Beginning and Advanced Tots

These classes are for ages 4-5. Students work on falling, marching, gliding, and moving forward and backward. Each child must wear gloves and a toboggan or helmet for protection.

Beginners (Pre-Alpha)

Beginner students work on forward and backward swizzles, backward wiggles, and 2-foot and 1-foot glides. Anyone over 5 who has never taken classes should start in a beginner class.

Alpha

Once you have passed Pre-Alpha, you move to Alpha and learn forward stroking, forward crossovers in both directions, and a snowplow stop.

Beta

Students who have passed Alpha now work on backward stroking, backward crossovers in both directions, plus a T-stop with each foot.

Gamma

Students who have passed Beta move on to work on two different kinds of turns (forward outside edge 3-turns and inside mohawks), as well as a hockey stop.

Delta

This is the last basic level. Students work on inside edge 3-turns, forward edges, bunny hops, lunges, and shoot-the-ducks.

All of the Beginner and Intermediate classes are open to children and adults.

- ◆ Students should arrive half an hour before classes start to check in at the counter.
- ◆ Students receive 90 minutes of ice time, including a half-hour class. Parents may skate during this time for \$ 3.00.
- ◆ Students may come to a public session one extra time per week to practice. They will need to check in at the counter. Public Session hours are available at the front counter.

Classes with fewer than three students will be cancelled or combined with another class. When only one person shows up for class, he/she will receive a 15-minute private lesson.

If you need to make up a class, you may do so only during the last week of summer school (July 28-August 2).

Summer Stroking

All students in Beta, Gamma, and Delta will be required to take a basic stroking class. This class builds endurance in your skating and helps prepare you to be a stronger freestyle skater. Stroking is included in the price of your lessons.

Basic stroking is offered:

Monday or Thursday (All Ages) 7:30-8:00 p.m.

Beta -- Delta

Saturday (All Ages) 12:30-1:00 p.m.

Beta -- Delta

Class Prices:

Tots, Beginner & Alpha Classes \$ 77.00

Beta, Gamma & Delta \$ 91.00

This price includes stroking.

Drop-Ins:

Stroking classes: \$ 10.00
Beginner & Basic classes: \$ 20.00

Tests

The Ice Chalet bases its program on recreational tests set up by the Ice Skating Institute. Students progress at their own rates and move up to the next level based on teacher judgment. Watch the bulletin board and newsletters for test session information. Test fees are included in all basic class prices.

DISCOUNTS

- ◆ Save 20% if you sign up by March 30, 2003.
- ◆ Save 10% if you sign up by April 30, 2003.
- ◆ Save 10% if two or more members of your immediate family take classes.

The maximum discount that may be used is 20%.

25% of your total cost will be a non-refundable registration fee.

Private Lessons

Private lessons are available for any student enrolled in group classes who wants a little extra help. **Privates include a 20-minute warm-up, a 20-minute lesson, and a 20-minute practice (one hour of ice time).** You must give your instructor a private coupon at the time of your lesson.

The following teachers are available for private instruction:

Lynne Attaway

Sarah Brown

Shawnda Ernst

Mary Lu Gillenwater

Hannah Hunt

Larry LaBorde

Sarah Reed

Theresa-Vay Smith

Christie Barker

Ryan Cottrell

Gregory Fuller

Andrea Golden

Angie LaBorde

Mary Beth Massey

Michelle Sheppard

Kate Webb

Prices: Single private lessons = \$ 22.00

5 lessons = \$ 97.50

10 lessons = \$ 185.25

Semi-privates = \$ 14.00 per person
or \$ 62.50 for 5 lessons per person