Practice Ice Registration Form

(Please print clearly)

Name _________________________________________
Address _________________________________________
________________________________________
City  ________________  State _____ Zip _______
Phone _________________
Birthdate _______________ Age _____ Gender ______
E-mail address ____________________________________

[ ] Freestyle Stroking & Practice Pass  $ 95.00
Covers 10 Stroking Classes or Practice Passes

Monday-Friday Morning Freestyle Practices

Freestyle 1-10  7:00-8:00 a.m. (except Thursdays)
[ ] $ 12.00 “drop-in” (also in Weekly Freestyle package)
Freestyle 1-4; Basics 10:45-11:15 a.m.
[ ] $ 12.00 “drop-in” (also in Weekly Freestyle package)

Weekday Afternoon/Evening Freestyle Practices

Mondays 3:45-4:45 p.m. (All Levels)
4:45-5:45 p.m. (All Levels)
7:15-7:45 p.m. (All Levels)
[ ] $ 12.00 “drop-in” (also in Weekly Freestyle packages)
Tuesdays 3:45-4:45 p.m. (All Levels)
4:45-6:00 p.m. (All Levels)
[ ] $ 12.00 “drop-in” (also in Weekly Freestyle package)
Wednesdays 7:00-7:45 p.m. (All Levels)
[ ] $ 12.00 “drop-in” (also in Wed. Freestyle package)
Thursdays 3:45-4:45 p.m. (All Levels)
4:45-5:45 p.m. (All Levels)
[ ] $ 12.00 “drop-in” (also in Weekly Freestyle package)

Saturday Morning Freestyle Practice 8:00-9:00 a.m.
(All Freestyle Levels; part of Saturday Freestyle package)
[ ] $ 12.00 “drop-in” per session

Subtotal: $ ______

[ ] Monthly Family Public Session Pass  $ 125.00
[ ] Monthly Individual Public Session Pass  $ 60.00
(All is a 10-month commitment)

[ ] Public Session Pass (excl. Skate Rental)  $ 25.00
[ ] Public Session Pass Plus (incl. Skate Rental)  $ 52.00
Total Payment  $ ______

$ 25.00 of your total is a non-refundable registration fee.

I skate at my own risk and hereby release the Ice Chalet, its owners, and all personnel from all liability.

Signature of Parent or Skater __________________________ Date __________

Counter use: Amt. paid: ________ Date: ________ Initial: ________

Public Sessions: June 10 - July 27, 2019

Monday 12:00-3:30 p.m.
Tuesday 12:00-3:30 p.m.
Wednesday 12:00-5:30 p.m.
Thursday 12:00-3:30 p.m. 8:00-10:00 p.m.
Friday 12:00-5:30 p.m. 7:00-9:30 p.m.
Saturday 1:30-10:00 p.m.
Sunday 1:00-4:30 p.m.

Admission: $ 6.00  Skate Rental: $ 6.00
Ages 5 & under: $ 6.00 for Admission & Skate Rental

Make-Up Policy & Transfers
We value the relationship that our students develop with our teachers through regular, consistent instruction. We assign teachers at the start of each term based on the initial enrollment to ensure the best possible student-teacher ratio. For these reasons, students are encouraged to make every effort to attend the specific class and day for which they are registered. Students make the most progress by regular attendance and practice. **Students may make-up one class per term missed due to illness or personal conflict, but not just as a matter of preference.** In order to attend a make-up class, students must notify us at least one day in advance so that we can be sure that we have the correct number of teachers on-hand. For the same reasons mentioned above, transferring to another class is discouraged. If a transfer is necessary, please consult the Skating School Director or the Head Session Manager.

Registration After the Start of the Term
For Alpha classes and up, students may be added to classes during the first half of each term, and class costs will be pro-rated based on the remaining number of classes, but only if more than one week has been missed. If only one week has been missed, the student may make up that week. For Beginner/Pre-Alpha classes, students may be added to classes during the first two weeks of the term -- after that, they are asked to wait until the next term or set of Introductory classes are offered (usually every four weeks). If only one week has been missed, the student may arrange to make up that week. As long as students are registered for classes in an upcoming term, they are welcome to arrange for private lessons in the interim, until their new classes begin.
Welcome to the Robert Unger & Larry LaBorde School of Ice Skating!

For more than 56 years, we have been Knoxville’s familiar source for ice skating instruction and public ice skating entertainment. *We hope to see you often at the Ice Chalet!*

**What is ISI (Ice Sports Industry)?**
Our lessons are based on the Ice Sports Industry’s recreational ice skating program. Each test level serves as a building block for the next, so skating can be a *lifelong* hobby. All ages and all skill levels can be involved in many different activities. We host the oldest continuously running ISI competition each Spring. ISI membership includes a quarterly magazine and a supplemental insurance policy, and it is included with class registration!

**What do we do in each class?**

**Beginning and Advanced Tots**  
For ages 3-5, students work on falling, marching, gliding, and moving forward and backward. We recommend gloves and a toboggan or helmet.

**Beginners (Pre-Alpha)**  
Beginner students learn to balance and do simple glides on both feet. Anyone over age 5 who has never taken classes should start in Pre-Alpha.

**Alpha**  
Once you have passed Pre-Alpha, you move to Alpha and learn forward stroking, forward crossovers in both directions, and a simple stop.

**Beta**  
Students now work on backward stroking and backward crossovers in both directions, plus T-stops.

**Gamma**  
Students begin to work on turns (forward outside edge 3-turns and inside mohawks), and a hockey stop.

**Delta**  
Students learn inside edge 3-turns, forward edges, bunny hops, lunges, and shoot-the-ducks.

**Freestyle**  
There are 10 levels with different jumps, spins, and footwork patterns.

**Ice Dancing**  
Skaters who have passed Alpha can learn to dance on ice! There are over 20 ice dances from the waltz to the tango!

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**Practice Times & Prices:**

**Monday-Friday Morning Freestyle Practices**

- Freestyle 1-10  
  7:00-8:00 a.m.  
  (except Thursdays)

- Freestyle 1-4; Basics  
  10:45-11:15 a.m.  
  (Both also in Weekly Freestyle package)

**Weekday Afternoon/Evening Freestyle Practices**

- Mondays  
  3:45-4:45 p.m.  
  All Levels

- 4:45-5:45 p.m.  
  All Levels  
  (also in Weekly Freestyle packages)

- Tuesdays  
  3:45-4:45 p.m.  
  All Levels

- 4:45-6:00 p.m.  
  All Levels  
  (also in Weekly Freestyle package)

- Wednesdays  
  7:00-7:45 p.m.  
  All Levels  
  (also in Wednesday Freestyle package)

- Thursdays  
  3:45-4:45 p.m.  
  All Levels

- 4:45-5:45 p.m.  
  All Levels  
  (also in Weekly Freestyle package)

**Saturday Morning Freestyle Practice**

- Freestyle 1-10  
  8:00-9:00 a.m.  
  (also in Saturday Freestyle package)

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**Test Session:** There will be test sessions on Saturday, June 29 and Saturday, August 3, so please allow for this in your practice session plans.

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**Should I buy my own skates?**

Skate rental is free with your lessons. Having your own skates usually can speed up your progress. The Ice Chalet has a good supply of both figure and hockey skates for sale; you will receive a professional fitting and sharp blades at the time of purchase, as well as a public session pass good for five free admissions! Call ahead to make sure a qualified staff member is available.

**What should I wear?**

Skating clothes should keep you warm but also allow free movement. Small children should always wear gloves/mittens and head protection of some kind. Skaters should wear only one, *thin* pair of socks to allow for a better fit.

**Practice Times & Prices:**

**Public Session Pass**  
$25.00  
Save $5!

Does not include skate rental.

**Public Session Pass Plus**  
$52.00  
Save $8!

Includes skate rental.

Covers five public skating sessions.

**Monthly Individual Public Session Pass**  
$60.00 per month. Season-long (10-month) commitment, Covers admission to all public sessions during the season.

**Monthly Family Public Session Pass**  
$125.00  
Covers up to 5 immediate family members (includes admission & skate rental).

**Freestyle Stroking & Practice Pass**

*It’s not just for freestyle skaters!*  
$95.00 for 10 sessions ($9.50/session)

**Private Lessons**

Private lessons can be helpful if you need some extra help passing a level or preparing a program choreographed to music for testing, competitions, and exhibitions. Please refer to the “Private Lessons” brochure for details.