

2017-2018 Synchronized Team Contract

(Please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Birthdate _____

E-mail address _____

Please check one (may wait on team assignments):

Synchro (Collegiate/Teen/Senior Youth)

\$360.00 4 payments of \$99.00

Synchro (Junior/Junior Youth)

\$260.00 4 payments of \$71.50

Wednesday Adult Synchro/Ensemble

\$50.00/term

Freestyle Package -- I am paying for this class as a part of my Freestyle package.

All You Can Skate -- I am paying for this class as a part of my All You Can Skate plan.

Costume Fee: \$ _____ (Due Sept. 1st)

We have read over carefully the rules and information concerning synchronized team participation, and we fully understand and will abide by the rules outlined in this brochure. We will commit to the synchronized team for this competitive season.

Also, I skate at my own risk and hereby release the Ice Chalet, its owners, and all personnel from any and all liability.

Signature of Skater _____

Date _____

Signature of Parent _____

Date _____

Signature of Team Coach _____

Date _____

Signature of Team Coach _____

Date _____



Synchronized Skating



RU REVOLUTION

Junior to Adult Skating, Formation, Dance & Open

Fall 2017-Spring Term # 1 2018

Ice Chalet

(Beside The Shops @ Western Plaza)

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Knoxville TN 37919

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*The Robert Unger & Larry LaBorde
School of Ice Skating*

2017-2018 Synchronized Teams

Youth, Junior Youth, Senior Youth, Teen, Collegiate & Adult

What is a synchronized team?

A synchronized team is a group of skaters performing various skills in unison to music. Synchronized teams allow participants to strengthen their individual skating skills while enjoying a team sport.

- A Synchro *Formation* Team performs forward skating, backward skating on two feet, and two-foot turns while executing various formations such as pinwheels, circles, lines, etc.
- A Synchro *Skating* Team performs forward and backward skating steps, along with maneuvers such as backward splicing, backward spoke wheels, and lines or circles with intricate footwork. Unison, cleanliness, and SPEED are expected.
- A Synchro *Dance* Team utilizes dance steps and skating moves to produce a program. Unison, choreography, and music interpretation are important.
- A Synchro *Open* Team offers more freedom of choice regarding choreography.

Team Assignments

The number of teams and team assignments will depend on enrollment. Ultimately, the team assignments will be determined by the skating school management and the team coaches. There is a place on a team for every skater. Factors include:

- Speed and power
- Maturity
- Uniformity

Skill level is relevant, but it is not a deciding factor.

Typical Moves -- depending on the team

- *Snowplow stop*
- *Marching to music*
- *Teapot glide (two feet)*
- *Forward & Backward Swizzles*
- *Long one-foot glides*
- *Arabesque (straight line)*
- *T-stops and snowplow stops, both ways*
- *Footwork to music*
- *Lunges on both feet*
- *All stops, both feet, including tango*
- *Backward lunges, both feet*
- *Mohawks: inside & outside, forward & backward, open & closed*
- *Backward outside three-turns*

Important:
There will be a mandatory meeting for all skaters and parents -- day and time to be announced.



Practices

8:45 a.m. Saturday Teen/Senior Youth
8:00 p.m. Thursday Collegiate/Teen
5:45 p.m. Friday Junior Youth/Youth*
7:00 p.m. Wednesday Adult Synchro/Ensemble*

*Note: Junior Youth/Youth and Adult/Masters teams suspend their practices during Nutcracker season (Fall term #2).

Additional practices may be needed prior to performances.

Tryouts

If you want to be on a team, you need to attend tryouts on days announced during the first few weeks.

Competitions

Plan to attend a competition in mid-Winter as well as our annual competition in Knoxville each Spring. If a skater is unable to participate in a competition, he/she will train as an alternate and may skate at the Knoxville competition at the coach's discretion. Alternates are important to the team and are expected to attend all practices.

Price (Synchro counts as one class in any package.)

Collegiate/Teen:

\$ 99.00 x 4 payments *or* \$ 360.00 (all year, except Summer).
Teen/Senior Youth:

\$ 99.00 x 4 payments *or* \$ 360.00 (all year, except Summer).
Junior/Junior Youth:

\$ 71.50 x 4 payments *or* \$ 260.00 (modified schedule during most of the year, except Summer).

Adult/Masters: \$ 50.00/term (modified schedule)

Payments are due: Aug. 1, Oct. 1, Jan. 1, and March 1.

Costume Fee: Not to Exceed \$ 75 (Due Sept. 1)

Additional expenses will include competition entry fees and may include additional ice time immediately before events.

Contract

The Skating School Management and the Team Coaches agree as follows:

- To determine team assignments, music, an outline of the choreography, and costumes by the end of August.
- To order the costumes by mid-September.
- To start practices promptly, as scheduled.
- To come prepared.
- To offer a fun, entertaining & positive learning experience for all team members.

The Skaters and their Parents agree as follows:

- To commit time and energy to the team for the entire August-April time period.
- To pay the costume fee by September 1st.
- To miss no more than two practices during the Fall term (1 and 2 combined) and no more than two practices during the Winter & Spring -- one excused and one unexcused. A skater who misses three practices during a term will become an alternate. It is understood that NO REFUNDS are given.
- To make up for any missed practices by taking a private lesson.
- To arrive on time for practices. A skater will be marked absent if he/she is late for a scheduled practice, and he/she will sit & observe practice.
- Not to miss the final two practices before a competition.
- To behave, listen, and try their best. Skaters who misbehave will be asked to leave the ice and it will be counted as an absence.
- If sick or injured, to attend and watch practice if at all possible.
- To be attentive and respectful to fellow team members.
- To dress appropriately -- no jeans or baggy sweatshirts -- preferably dark, fitted pants/tights and a dark top; long hair tied back.

Parents, skaters, and coaches are required to sign the statement on the reverse stating that you have read and understand this contract.